
Pacific Living Centers

Harmony House of Salem 3062 Hyacinth St. Salem, Ore. 97301

Hawthorne House of Salem 3042 Hyacinth St. Salem, Ore. 97301

Administrator: Michele Nixon

Assistant Administrator: Crystale Fleming



**November
2009**



Celebrating November

Family Stories Month

Peanut Butter Lovers' Month

Daylight Saving Time Ends
November 1

Saxophone Day
November 6

US: Veterans Day
Canada: Remembrance Day
November 11

Loosen Up, Lighten Up Day
November 14

**Clean Out Your Refrigerator
Day**
November 14

Thanksgiving Dessert
November 25th. 1pm

US: Thanksgiving Day
November 26

Buy Nothing Day
November 27

Fall is here, weather has changed, and we all have been seeing a change with the flu and colds. Please remember universal precautions with good hand washing and please stay home if you are sick until you get better.

Fantastic walk to remember success, we raised \$6000, and came in 2nd place for the most \$ raised, good job staff and families, and thank you for walking with us. You can view pictures in each home.

Great Halloween turn out thank you all for donating candy and bringing it in for your loved one to give to the children, great fun and success. November is here, my favorite holiday. Thanksgiving is a time to share with friends and family and let everyone know what we are thankful for.

You all are invited to our Thanksgiving dessert feast on November 25th, 1pm.

Please bring a dessert, come enjoy some family time with us, and share what you are thankful for.

Thank you,
Michele & Crystale

*Thank you staff for always
going above and
beyond and building a
Great strong loving team.*

Hawthorne Team

*Am: Kirshana, Heather, Jessica:
Pm. Steven , Heather C, Sandra
Nights: Kelly, Ashley, Vanessa
On call: Maria A. & Travis*

Harmony Team

*Am: Maria S., Ana, Maria R.
Pm: Kim, Sonya, JoAna
Nights: Elsa, Kelley., Keisha
On call: Mayra, Janet & Sara*

Happy Birthday

*Kirshanna & Norma (Hawthorne House)
We all hope your birthday is as
SPECIAL as you are!
Enjoy your day!*

*Thank you all for donating all the
Halloween candy!*

*Guess who won the pumpkin contest?
Please stop and look at the board and pictures
of the pumpkins. Wow, great carvers!*

**Please stop by
office and vote
for the Employee
of Quarter!**

Busy Beneath the Beaver Moon



Look up into the night sky on November 2 and you'll see a full moon known as the Beaver Moon. In days of old, this was the time when trappers would hunt beavers and harvest their warm pelts to survive the

winter cold. November is also the time when beavers are most active. They always work at night, cutting down trees, and carrying mud and stones to build their dams and lodges.

By the 17th century, the European beaver was nearly extinct, so colonies in America made a fortune exporting American beaver pelts back to Europe. Native Americans used their superior trapping skills to hunt beaver and trade with colonialists. Not only did local tribes gain new European goods, but this fur trade also established valuable alliances between Native Americans and the European colonies.

**Kudos Programs is a wonderful
incentive to keep the team
motivated to go above and
beyond**

Their normal job duties.

*Families take the time to fill out
kudos
if they are deserved.*

Hawthorne House

*Most kudos for October is
Vanessa Galdamez*

Harmony House

*Most kudos for October is
Sonya Arroyo*

Welcome new caregiver

Janet please!

Dementia is the loss of mental functions -- such as thinking, memory, and reasoning -- that is severe enough to interfere with a person's daily functioning. Dementia is not a disease itself, but rather a group of symptoms that are caused by various diseases or conditions. Symptoms can also include changes in personality, mood, and behavior. In some cases, the dementia can be treated and cured because the cause is treatable. Examples of this include dementia caused by [substance abuse](#) (illicit drugs and alcohol), combinations of prescription medications, and hormone or vitamin imbalances. In some cases, although the person may appear to have dementia, a [severe depression](#) can be causing the symptoms. This is known as pseudo-dementia (false dementia) and is highly treatable. In most cases, however, a true dementia cannot be cured.

Dementia develops when the parts of the brain that are involved with learning, memory, decision-making, and language are affected by one or more of a variety of infections or diseases. The most common cause of dementia is [Alzheimer's](#) disease, but there are as many as 50 other known causes. Most of these causes are very rare.

Because some causes of dementia can be cured or partially treated, it is very important that your doctor is thorough when making the diagnosis, so as not to miss potentially treatable conditions. The frequency of "treatable" causes of dementia is believed to be about 10%.

Thanksgiving!

Dessert Feast

Thanksgiving is a time to be thankful and enjoy our friends and family. You are all invited to our thanksgiving dessert feast, Wednesday at 1pm. Make your favorite dessert and bring it in. Let's share each other's desserts and what we are all thankful for.

Please see our turkeys that we will be making and what we are all thankful for in 2009!

Thanksgiving Day

Please let us know if you are taking your loved out for thanksgiving or if you want to join your loved one for a turkey dinner here at noon.

Thank you!

Pacific Living Centers has five loving homes for the memory impaired.

Delivering Quality of Care Enhancing Quality of Life.

Hawthorne House of Salem

3042 Hyacinth St.

Salem, Ore. 97301

Asst. Administrator: Crystale Fleming

Administrator: Michele Nixon

Harmony House of Salem

3062 Hyacinth St.

Salem, Ore. 97301

Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.

Woodburn, Ore. 97071

Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court

Grants Pass, OR 97527

Assistant Administrator: Nancy Decker

Administrator: Becky Scriber

Autumn House of Grants Pass

2268 Williams Hwy.

Grants Pass, Or. 97527

Administrator: Becky Scriber

November Birthdays

If you were born from October 23-November 21, you are a Scorpio, the Scorpion. If you were born from November 22-December 21, you are a Sagittarius, the Archer. Scorpios are determined, forceful, and emotional. Their intensity makes them successful workers and faithful friends. A Sagittarian is a truth-seeker, an intellectual, and needs a lot of room to roam for exploration.

Daniel Boone (pioneer)	Nov. 2, 1734
Art Carney (actor)	Nov. 4, 1918
Norma Witt	Nov. 6, ??
Spiro Agnew (vice president)	Nov. 9, 1918
George Patton (general)	Nov. 11, 1885
Grace Kelly (actress)	Nov. 12, 1929
Danny DeVito (actor)	Nov. 17, 1944
Billy the Kid (outlaw)	Nov. 23, 1859
Joe DiMaggio (ballplayer)	Nov. 25, 1914
Kirshanna Jarramilo	Nov. 27, ??
Winston Churchill (politician)	Nov. 30, 1874

Pacific Living Center
3062 Hyacinth St.
Salem, Ore. 97301

Postage
Information