

Pacific Living Center

*Hawthorne House of Salem 3042 Hyacinth St. Salem, Ore. 97303
(503)-763-2722*

*Harmony House of Salem 3062 Hyacinth St. Salem, Ore. 97303
(503) 588-0722*

**September
2010**



A loving home for the memory impaired! 15 bed - nice, small & homelike!

Celebrating September

Breakfast Month

Classical Music Month

Self-University Week

September 1-7

Hawthorne House

Labor Day BBQ 12pm

Harmony House

Labor Day BBQ 12pm

September 3

Swap Ideas Day

September 10

Grandparents Day

September 12

Family Meeting 6pm

September 14

Oktoberfest Begins

September 18

World Gratitude Day

September 21

First Day of Autumn

September 22

Wow, Summer leaving and Autumn here so quickly.

Thank you so much for the donations and support at the garage sale. We earned a total of \$1300 between the bake sale & garage sale. Great support! All money goes to the Alzheimer's Network.

Did you sign up in the office to walk with our team on Saturday, September 11th? Ask your families & friends if they will walk with us. It's a fun day at the River Front park. Ask me and I will tell you more?

Labor Day BBQ this month. Please will you come?(See 2nd page for details.)

Family support meeting this month on Sept. 14th. A time to get some good information for your loved one, and meet with other families who share the same home as you do.

Thank you all for your continuous loving support.

Sincerely, Michele Nixon - Administrator

Quote of the Day

"Nobody can do for little children what grandparents do. Grandparents sort of sprinkle stardust over the lives of little children."

Labor Day BBQ

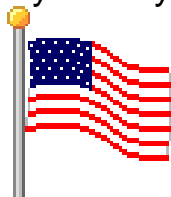
Let's BBQ some hamburgers & hot dogs. Please will you come at noon and join us?

Hawthorne House BBQ Thursday
September 2nd. Noon.

Harmony House BBQ Friday
September 3rd. Noon

Do you have a special dish you want to bring? See sign up list in office.

Thank you very much!



Let me know if you enjoy barbequing?



Grandparents Day

Please mark your calendars September 12th Sunday. It is Grandparents day so will you bring by your grandchildren to say hi and have an ice cream bar with their grandpa or grandma. Anytime during the day would be fabulous!

A time to spoil our grandparents with a hug and a visit! 😊



Special!

How does Alzheimer's disease change memory?

Alzheimer's disease starts by changing the recent memory. At first, a person with Alzheimer's disease will remember even small details of his or her distant past but not be able to remember recent events or conversations. Over time, the disease affects all parts of the memory.

How can I tell if my memory problems are serious?

A memory problem is serious when it affects your daily living. If you sometimes forget names, you're probably okay. But you may have a more serious problem if you have trouble remembering how to do things you've done many times before, getting to a place you've been to often, or doing things that requires steps (such as following a recipe).

Another difference between normal memory problems and dementia is that normal memory loss doesn't get much worse over time. Dementia gets much worse over several months to several years.

It may be hard to figure out on your own if you have a serious problem. Talk to your family doctor about any concerns you have. If your memory problems are caused by a certain medicine you're taking, your doctor can prescribe another medicine that doesn't have this side effect. If another condition is causing your memory loss (such as depression), your doctor can help you treat the condition.

“Caregivers are a Blessing”

Hawthorne Team

Am: Karla, Heather, Jessica

Pm: Rosey, Jesus, Anita

Nights: Sarah L., Sarah C., Sisina

On call: Kristina, Raquel, Carlos, Kirshanna

Harmony Team

Am: Maria S., Ana, Maria R.

Pm: Alexa, Sonya, JoAnna

Nights: Felicia, Sara, Keisha

On call: Mayra, Kim, Laura

Employee of Quarter

Hawthorne House would like to congratulate **Rosey Torres** for employee of the quarter. Rosey works fulltime on the swing shift 2pm to 10pm, and will help out any other shift if needed, she is always willing to go way and beyond. Thank you Rosey!

Harmony House would like to congratulate **Maria Sanchez** for employee of the quarter. Maria works fulltime on day shift 6am to 2pm. Thank you Maria for all your hard work!

Thank you all for voting! Great choice for both homes.

Kudos Program is only a small token to show the caregivers how much we care and appreciate them, when they go way & beyond.

Harmony House

Most Kudos for August is Sara on nightshift!

Hawthorne House

Most Kudos for August is Anita on swing shift!

Please do take the time and write one when a kudos is deserved.

Harmony House:

Good Bye & Good luck

Ken has returned home to live with his wife. His progress here was so successful. Kudos to staff & Ken for the hard work!

In Remembrance

Patsy Justus born on December 12, 1912 went to heaven on August 21, 2010. Prayers and blessings to the family. We love and will miss you. Kudos to the staff for all the love & care you provided!

Welcome!!

Lee to Harmony House. His wonderful wife Estelle & family will be visiting often. Lee enjoys visiting so stop & say Hi.

Hawthorne House:

Happy Birthday!!!

To Claude Wood. Please wish Claude a happy birthday on Sept. 3rd.

**Pacific Living Centers has five loving homes for the
Memory impaired!**
Delivering Quality of Care, Enhancing Quality of Life

Hawthorne House of Salem

3042 Hyacinth St.
Salem, OR 97301
Administrator: Michele Nixon

Harmony House of Salem

3062 Hyacinth St.
Salem, OR 97301
Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.
Woodburn, OR 97071
Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court
Grants Pass, OR 97527
Administrator: Nancy Decker

Autumn House of Grants Pass

2268 Williams Hwy.
Grants Pass, OR 97527
Administrator: Becky Scriber

September Birthdays

If you were born from August 23-September 22, you are a Virgo, the virgin. If you were born from September 23-October 22, you are a Libra, the scales. Virgos are modest, intelligent, reliable, practical, and able to clearly analyze the most complex of problems. Libras, like balanced scales, are harmonious, impartial, and understanding. They dislike conflict and encourage compromise and cooperation.

Gloria Estefan (singer)	Sept. 1, 1957
Claude Wood (Resident)	Sept. 3, ????
Mitzi Gaynor (actress)	Sept. 4, 1931
Claude Pepper (U.S. senator)	Sept. 8, 1900
Jesse Owens (Olympian)	Sept. 12, 1913
Milton Hershey (candy-maker)	Sept. 13, 1857
Sandy Quinton (Owner of PLC)	Sept. 14, Guess
J.C. Penney (entrepreneur)	Sept. 16, 1875
Michele Nixon (Administrator)	Sept. 24, Old
Wilford Brimley (actor)	Sept. 27, 1934
Ed Sullivan (really big host)	Sept. 28, 1901



Harmony House of Salem
3062 Hyacinth St. NE
Salem, Oregon 97301

Postage
Information

To: Families & Friends of
Harmony House of Salem
