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# Pacific Living Centers

## “Harmony House Happenings”

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Harmony House 3062 Hyacinth St. NE Salem, Ore. 97301

503-588-0722

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### Celebrating May

**May Day**  
*May 1<sup>st</sup>*

**Better Sleep Month**  
**Be Kind to Animals Week**  
*May 2-8*

**Kentucky Derby**  
*May 1*

**Weather Observers' Day**  
*May 4*

**Cinco de Mayo Party**  
*May 5<sup>th</sup>. 12pm*

**Mothers Day Tea**  
*May 7<sup>th</sup>. 11am*

**Mother's Day**  
*May 9*

**Tulip Day**  
*May 13*

**Visit Your Relatives Day**  
*May 18*

**Blueberry Cheesecake Day**  
*May 26*

**Memorial Day**  
*May 31*

Hello to all of you!

Great news! You will be seeing a lot more of me as Hawthorne House now has a wonderful new Administrator. Please stop by at Hawthorne House and welcome Holli Crown.

Thank you to everyone who helped and participated in our Easter egg hunt and party. Wow, great homemade ice cream. Kudos to Jay & Joanna, Dorothy Lee's wonderful kids. Also, thanks to the rest of you who made homemade desserts. They were so delicious, and I think I lost five pounds from it all, ha ha.

Best Friends Approach class at the Center was a success and I wanted to thank the families who came and supported me.

May is a fun and busy month. May Day is the 1<sup>st</sup> so you will be seeing lots of colored flowers around to enjoy. Mothers Day is one of our favorite holidays so come join us on May 7<sup>th</sup> and enjoy the tea party.

I hope all of you received the news about “Adopt a Grandparent” volunteer program. If you have any questions please stop in and ask me. I am excited about having a relationship with them and welcoming them at Harmony House. They will be working closely with me to bond friendships while offering companionship the Best Friend's way.

I invite all of you to come to our family support meeting May 11<sup>th</sup> at 6 pm. This is a great time to meet other families, and get some good information.

Children are a blessing and every Friday at 12:30 pm we have welcomed some children from the school in back of us to come spend a few minutes to sing, play a game, read, or enjoy friendships. Please stop by and say hi to the children.

Thank you all for voting for employee of quarter – JoAnna Patricio.

Cinco de Mayo is May 5<sup>th</sup>. You are all invited to come eat the most delicious food made by our girls at 12 pm.

Thank you for all of your support and sharing your loved ones with us. Sincerely, Michele Nixon & Harmony House's Fabulous staff

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## May On Display

When you run out of space for your collection of Pez dispensers, don't throw them away; turn your collection into a museum! May 18 is International Museum Day, and if you are tired of seeing the same old art, visit one of these unique and bizarre collections instead:

### The British Lawnmower Museum

When Edwin Beard Budding invented the lawnmower in 1830 people thought he was crazy, so he tested his invention at night so no one would see him. Not only does this museum house the world's largest collection of vintage lawnmowers, but displays lawnmowers of the rich and famous, hosts a lawnmower race, and includes a collection of toy lawnmowers.



**Toronto, Canada's Bata Shoe Museum**  
Not just women enjoy learning about the 4,500-year history of footwear. Footwear is about both fashion and function. Among the thousands of

shoes, you can see a pair of ten-inch-tall Syrian stilt shoes, designed to lift feet off the hot floor of a Turkish bath, and a pair of spiked chestnut-crushing clogs from France.

## Happy May Birthdays

*Sue-4<sup>th</sup> & MaryJane-8<sup>th</sup>*

*We all wish you two a very Happy Birthday and we hope your birthday is as SPECIAL as you both are.*

## A BEST FRIENDS CAREGIVER HAS KNACK

**The art of doing difficult things with ease or clever tricks and strategies**

**Is well informed**

**Has empathy**

**Respects the basic rights of the person**

**Maintains caregiver integrity**

**Employs finesse**

**Knows it is easier to get forgiveness than permission**

**Uses common sense**

**Communicates skillfully**

**Maintains optimism**

**Sets realistic expectations**

**Uses humor**

**Employs spontaneity**

**Practices patience**

**Develops flexibility**

**Stays focused**

**Remains nonjudgmental**

**Values the moment**

**Maintains self confidence**

**Uses cues tied to the life story**

**Takes care of themselves**

### **Best Friends Approach**

The only way our loving team knows how to work here at Harmony House is the Best Friends way!

#### Am Team 6am-2pm

Maria R., Maria. S. and Ana

#### Swing Team 2pm-10pm

Sonya, JoAnna, and Alexa

#### Night shift 10pm- 6am

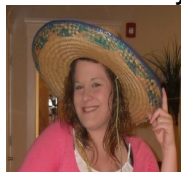
Keisha, Felicia, and Sara

#### On call reliefs

Kim, Mayra, Zach, and Janet

### **Most Kudos for April 2010**

Was Felicia Davis. Congratulations, you went way and beyond more than once and we noticed. Thank you!



Families are you filling out Kudos when they are deserved? We really want this program to be used because they are hard working staff and every little incentive helps to keep our wonderful, motivated employees happy!

### **Employee of the Quarter**

Congratulations to **JoAnna Patricio** for Employee of the Quarter.



Thank you so much for being so reliable, honest, flexible and positive all times and always going way and beyond!

Do you know when I hired JoAnna over a year and few months ago she had no experience. But I knew she had a heart of gold, and now look she is a best friend to each and every one of our loved ones.

Thank you families & Employees for voting. You made a great choice!

## **Mothers Day Celebration**

You are all invited to our Mothers Day tea & live music on May. 7<sup>th</sup>, Friday, 11 am. Please feel free to bring a dish to go with honey baked ham, rolls, deviled eggs, & potato salad. Live music by our favorite, Royce Mosgrove.

Come eat some delicious food, hot tea, listen to wonderful music, dance, and share photos. Also, share why your mom or loved one is so **SPECIAL**.

Please RSVP in my office for a fun Friday afternoon!  
(Do you have any tea cups I can use for this special day? Please!)

### **Cinco de Mayo**

May 5<sup>th</sup>, Wednesday.

Come and join us at 12 pm for the best homemade food in town made by our girls!

### **Fun times & great food!**

Do you have a talent? Please come share with us!

**Pacific Living Centers has five loving homes for the memory impaired!**

Delivering Quality of Care, Enhancing Quality of Life

**Hawthorne House of Salem**

3042 Hyacinth St.

Salem, OR 97301

Administrator: Holli Crown (Welcome)

**Harmony House of Salem**

3062 Hyacinth St.

Salem, OR 97301

Administrator: Michele Nixon

**Heritage House of Woodburn**

943 N. Cascade Dr.

Woodburn, OR 97071

Administrator: Shannon Souza

**Arbor House of Grants Pass**

820 Gold Court

Grants Pass, OR 97527

Administrator: Nancy Decker

**Autumn House of Grants Pass**

2268 Williams Hwy.

Grants Pass, OR 97527

Administrator: Becky Scriber

## May Birthdays

If you were born from April 20-May 20, you are a Taurus, the bull. If you were born from May 21-June 21, you are a Gemini, the twins. A Taurus is patient, reliable, industrious, and persistent. They respect property, avoid falling into debt, and enjoy art. Gemini's are complex and dual-natured. Like children, they are lively, happy, and love to explore new things.

Jack Paar (television host)	May 1, 1918
Frankie Valli (singer)	May 3, 1934
<b>Sue Rankin (We luv u)</b>	<b>May 4, ??/?</b>
<b>Mary Jane Olson (We luv u)</b>	<b>May 8. ??</b>
Irving Berlin (songwriter)	May 11, 1888
Fats Waller (jazz pianist)	May 21, 1904
Mary Cassatt (painter)	May 22, 1844
Carroll Baker (actress)	May 28, 1931



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Postage  
Information