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# Pacific Living Centers

## “Harmony House Happenings”

July 2010



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Harmony House 3062 Hyacinth St. NE Salem, Ore. 97301

503-588-0722

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## Celebrating July

**Picnic Month**

**Recreation & Parks Month**

**Anti-Boredom Month**

**Canada Day**

*July 1*

**U.S.: Independence Day**

*July 4*

**Hop-a-Park Day &  
Clerihew Day**

*July 10*

**France: Bastille Day**

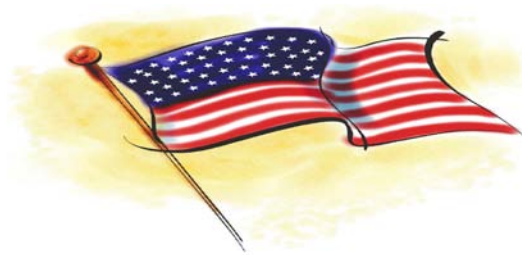
*July 14*

**Cow Appreciation Day**

*July 17*

**Ugly Truck Day**

*July 20*



Happy 4<sup>th</sup> of July! I hope you all have a wonderful and safe 4<sup>th</sup>.

Summer and sunshine is finally here and we all love it. Please be sure if you take your loved out on these warm days to use sun screen on their sensitive skin, and drink lots of fluids also.

Thank you Jay (Dorothy Lee’s wonderful son in law) for the delicious BBQ for Father’s Day. The ribs were out of this world. Kudos to you, and once again thank you for the yummy homemade ice cream. Thank you to everyone who joined us and brought a dish. The snow cake brought by Dale’s wife went great with the ice cream.

I hope you all have fabulous July!!  
Michele & the Harmony House Staff

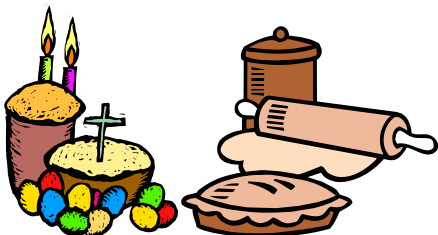
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# Bake Sale!

## Wednesday July 21<sup>st</sup> 1pm-3pm

Can you bake and donate items for our sale? It will be out front in Harmony's & Hawthorne's garages. All staff and resident's families are welcome. Stop by and buy some delicious goodies. All \$ goes to the Alzheimer's network.

Thank you for your support!



### **Best Friends Approach**

The only way our loving team knows how to work here at Harmony House is the Best Friends way!

Administrator Michele Nixon

#### Am Team 6am-2pm

Maria R., Maria. S. and Ana

#### PM Team 2pm-10pm

Sonya, JoAnna, and Alexa

#### Night shift 10pm- 6am

Keisha, Felicia, and Sara

#### On call reliefs

Kim & Mayra

### **Most Kudos for June 2010**

Was Keisha Lowe Congratulations you went way and beyond more than once and we noticed. Thank you!

Families are you filling out Kudos when they are deserved? We really want this program to be used because we have hard working staff and every little incentive helps to keep our wonderful, motivated employees happy!

## **July Birthdays**



Happy Birthday to Doc,  
Laura, Maria S. and Betty.  
We all wish you a very Happy  
Birthday! Let's Celebrate!

## Pack Your Picnic Basket

July is Picnic Month, and there is no better month for packing your basket full of goodies, laying a blanket over the soft, green grass, and enjoying food, friendship, and fresh air.



The first picnics were not held outdoors at all. The first usage of the word was in 1692, in a French dictionary, where the word “pique-nique” was

used to describe a group of people who brought their own wine into a restaurant. It was not until the mid-1700s that the word picnic referred to a fun meal eaten outdoors. Still, no one knows where the French got the rhyming term “pick-nick,” although many rumors of its origin exist.

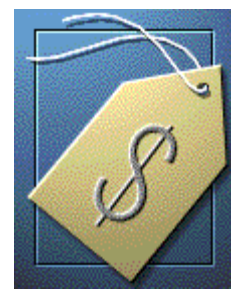
In the early 1800s, a group of Londoners formed an official “Picnic Society,” where each member agreed to bring a different dish, as in a potluck. More recently, in the year 2000, the French formed a 600-mile-long picnic to celebrate the first Bastille Day of the new millennium. Towns from coast-to-coast participated, using over 400 miles of red-checked tablecloth.

July 10 is the Teddy Bears’ Picnic Day, a day honoring both picnics and the classic tune by John Walter Bratton and Jimmy Kennedy. This marks the perfect day for children to gather their teddy bears, lay down a blanket, and eat some snacks with their stuffed friends. They can even sing the song that made that day famous. Here’s the first verse:

*If you go out in the woods today,  
You're sure of a big surprise.  
If you go out in the woods today,  
You'd better go in disguise.*

*For every bear that ever there was  
Will gather there for certain, because  
Today's the day the teddy bears have their  
picnic.*

# Sale



Did you donate items for our sale? We need more items please. Remember that all money raised goes to a very excellent and needed source – the Alzheimer’s Network. The Network helps others who need resources for their loved ones suffering from the disease. (Our sale will have to be in August, not enough donations.)

### Quote for July!

*We're all trying to make a big difference, not realizing the small difference we make for each other every day.*

*Thank you!*



**Pacific Living Centers has five loving homes for the memory impaired!**

Delivering Quality of Care, Enhancing Quality of Life

**Hawthorne House of Salem**

3042 Hyacinth St.  
Salem, OR 97301  
Administrator: Holli Crown

**Harmony House of Salem**

3062 Hyacinth St.  
Salem, OR 97301  
Administrator: Michele Nixon

**Heritage House of Woodburn**

943 N. Cascade Dr.  
Woodburn, OR 97071  
Administrator: Shannon Souza

**Arbor House of Grants Pass**

820 Gold Court  
Grants Pass, OR 97527  
Administrator: Nancy Decker

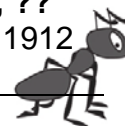
**Autumn House of Grants Pass**

2268 Williams Hwy.  
Grants Pass, OR 97527  
Administrator: Becky Scriber

## July Birthdays

If you were born from June 22-July 22, you are a Cancer, the crab. If you were born from July 23-August 22, you are a Leo, the lion. A Cancer can be highly emotional, caring, generous, and intuitive. Leos are creative, enthusiastic, charismatic, and highly ambitious.

<b>Doc Phelps.</b>	<b>July 1, ??</b>
<b>Laura Michaelian</b>	<b>July 4, ??</b>
Ann Landers (advice columnist)	July 4, 1918
P.T. Barnum (circus showman)	July 5, 1810
Doc Severinsen (band leader)	July 7, 1927
Giorgio Armani (fashion mogul)	July 11, 1934
<b>Maria Sanchez</b>	<b>July 14, ??</b>
"Red" Skelton (clown)	July 18, 1913
Natalie Wood (actress)	July 20, 1938
Don Drysdale (pitcher)	July 23, 1936
Dorothy Hamill (ice skater)	July 26, 1956
<b>Betty Renner</b>	<b>July 28, ??</b>
Milton Friedman (economist)	July 31, 1912



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Postage  
Information