

Pacific Living Centers

“Harmony House Happenings”

August 2010



Harmony House 3062 Hyacinth St. NE Salem, Ore. 97301

503-588-0722

Administrator: Michele Nixon

Registered Nurse: Debbi Schuetze

Celebrating August

Catfish Month

Golf Month

Watermelon Day

August 3

Elvis Week

August 10-16

Relaxation Day

August 15

Weird Contest Week

August 15-20

Sale

August 19 & 20

Be An Angel Day

August 22

Second Hand Wardrobe Day

August 25

Women's Equality Day

August 26

Toasted Marshmallow Day

August 30



Summer is Wonderful!

Thank you all for helping us care for our flowers and our little garden in back. We appreciate the help, and team work.

The Bake sale was a success. Thank all of you that baked such yummy desserts. All the money raised goes to the Alzheimer's Network.

We are having a Garage Sale this month, can you help? Please Sign up in my office if you can.

Welcome

to our on call caregiver Laura. She will help the caregivers out when they want a vacation, or a day off, which we all know they deserve.

Please take the time to vote for employee of quarter. I know it's a difficult choice when we have such a wonderful team.

Sincerely, Michele Nixon

Best Friends Approach

The only way our loving team knows how to work here at Harmony House is the Best Friends way!

Administrator Michele Nixon

Am Team 6am-2pm

Maria R., Maria. S. and Ana

PM Team 2pm-10pm

Sonia, JoAnna, and Alexa

Night shift 10pm- 6am

Keisha, Felicia, and Sara

On call reliefs

Kim & Mayra & **Laura (Welcome)**

Most Kudos for July 2010

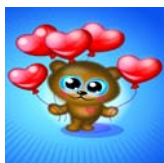
Was Sonya Arroya **Congratulations** you went way and beyond more than once and we noticed.
Thank you!

Families are you filling out Kudos when they are deserved? We really want this program to be used because we have hard working staff and every little incentive helps to keep our wonderful, motivated employees happy!

August Birthdays



Happy Birthday to JoAnna and Harry! We all wish you a very Happy Birthday!



Let's Celebrate!
Harry will be 99 years young!

Living Long and Prospering

On August 5, join Trekkies from around the world as they boldly go to Las Vegas for the Star Trek Convention. *Star Trek's* creator, Gene Roddenberry, originally pitched his television series in 1966 as "Horatio Hornblower in space." Today, the characters of Captain Kirk and Spock are icons of a multi-billion dollar franchise. As the number one cult TV show of all time, *Star Trek* has amassed millions of devoted followers worldwide, and the convention is a major event. Test your *Star Trek* knowledge with this quiz:

1. What was the name of the space ship made famous on *Star Trek*?
2. What alien race was the crew's science officer, Mr. Spock?
3. What is the name of the school where space pilots such as Capt. Kirk received their training?
4. Finish the *Star Trek* tagline: "To boldly go..."

Answers: 1. USS Enterprise; 2. Vulcan; 3. Starfleet Academy; 4. "...where no man has gone before."

Sale!

BIG SALE

Mark your calendars -
Friday & Saturday
August 20th & 21st: 8am-3pm.
Do you want to help?
Need tables, and volunteers to help set up on Thursday August. 19th at 6.30pm.
Thank you!

Early-stage and younger-onset Alzheimer's disease

Early-stage is the early part of Alzheimer's disease when problems with memory, thinking and concentration may begin to appear in a doctor's interview or medical tests. Individuals in the early-stage typically need minimal assistance with simple daily routines. At the time of a diagnosis, an individual is not necessarily in the early stage of the disease; he or she may have progressed beyond the early stage.

The term younger-onset refers to Alzheimer's that occurs in a person under age 65. Younger-onset individuals may be employed or have children still living at home. Issues facing families include ensuring financial security; obtaining benefits and helping children cope with the disease. People who have younger-onset dementia may be in any stage of dementia – early, middle or late. Experts estimate that some 500,000 people in their 30s, 40s and 50s have Alzheimer's disease or a related dementia.

About Dr. Alzheimer

At a scientific meeting in November 1906, German physician Alois Alzheimer presented the case of "Frau Auguste D.," a 51-year-old woman brought to see him in 1901 by her family. Auguste had developed problems with memory, unfounded suspicions that her husband was unfaithful, and difficulty speaking and understanding what was said to her. Her symptoms rapidly grew worse, and within a few years she was bedridden. She died in Spring 1906.

Dr. Alzheimer had never before seen anyone like Auguste D., and he gained the family's permission to perform an autopsy. In Auguste's brain, he saw dramatic shrinkage, especially of the cortex, the outer layer involved in memory, thinking, judgment and speech. Under the microscope, he also saw widespread fatty deposits in small blood vessels, dead and dying brain cells, and abnormal deposits in and around cells.

The condition entered the medical literature in 1907, when Alzheimer published his observations about Auguste D. In 1910, Emil Kraepelin, a psychiatrist noted for his work in naming and classifying brain disorders, proposed that the disease be named after Alzheimer.

Italy's Flawed Tower

Construction of Italy's famous Leaning Tower of Pisa began on August 9, 1173. It is the freestanding bell tower to the neighboring cathedral, and, of course, was never meant to lean. The tower first began to tilt in 1178. Its design was flawed from the beginning due to a shallow foundation set in weak and uneven soil. In 1272, engineers tried to compensate for the lean by building upper floors with one side taller than the other, but this caused the tower to lean in the other direction.

Multiple methods have been employed to fix the tower's lean, including the addition of lead counterweights and anchor cables. Finally, in 2008, soil was removed from its base and the tower stopped moving for the first time in its history, preserving its famous angle of 3.97 degrees.

Quote for August!

Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead.

Pacific Living Centers has five loving homes for the memory impaired!

Delivering Quality of Care, Enhancing Quality of Life

Hawthorne House of Salem

3042 Hyacinth St.
Salem, OR 97301
Administrator: Michele Nixon

Harmony House of Salem

3062 Hyacinth St.
Salem, OR 97301
Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.
Woodburn, OR 97071
Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court
Grants Pass, OR 97527
Administrator: Nancy Decker

Autumn House of Grants Pass

2268 Williams Hwy.
Grants Pass, OR 97527
Administrator: Becky Scriber

August Birthdays

If you were born from July 23-August 22, you are a Leo, the lion. If you were born from August 23-September 22, you are a Virgo, the virgin. Leos are creative, enthusiastic, generous, and extroverted. Virgos are modest, intelligent, reliable, practical, and able to clearly analyze the most complex of problems.

Yves Saint Laurent (designer)	Aug. 1, 1936
Barack Obama (president)	Aug. 4, 1961
Harry	Aug. 7. = 99ys
JoAnna	Aug. 9, ?
Rhonda Fleming (actress)	Aug. 10, 1923
Cecil B. DeMille (director)	Aug. 12, 1881
Annie Oakley (sharpshooter)	Aug. 13, 1860
Mae West (vamp)	Aug. 17, 1893
H.P. Lovecraft (writer)	Aug. 20, 1890
Usain Bolt (world's fastest man)	Aug. 21, 1986
Claudia Schiffer (supermodel)	Aug. 25, 1970
Buddy Hackett (actor)	Aug. 31, 1924

Harmony House of Salem
3062 Hyacinth St.
Salem, Ore. 97301

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