

Pacific Living Centers

April

Harmony House of Salem 3062 Hyacinth St. Salem, Ore. 97301
Hawthorne House of Salem 3042 Hyacinth St. Salem, Ore. 97301



Administrator: Michele Nixon

Registered Nurse: Debbi Schuetze

Celebrating April

Humor Month

Poetry Month

April Fools' Day
April 1

Easter Sunday
April 4

Best Friends Approach Class
April 2pm -4pm

Library Week
April 11-17

**Take Our Daughters and
Sons to Work Day**
April 22

Earth Day
April 22

Bulldogs Are Beautiful Day
April 24

US: Arbor Day
April 30

Honesty Day
April 30

Happy Easter to all of you!

Everyone is invited Friday April 2nd to our Easter egg hunt and party for Harmony House at 1pm, and Hawthorne House at 3.30pm. Please invite any children that would love to participate in finding Easter eggs with lots of surprises in them.

I look forward to everyone stopping by to see my vacation photos and to hear how Disneyland was.

I hope all of you have stopped by to meet Holli at Hawthorne House and welcomed her to our team.

Please be sure to mark your calendars when you receive your care plan notice letter in the mail. If that day and time is not convenient please call me to reschedule. It is a great time to go over all your loved ones needs.

Don't forget to stop by the office and vote on who you think should be our next Employee of the quarter!

*Thank you,
Michele & Holli*

Man's New Best Friends

These days, kids don't beg their parents for a dog or cat. Times have changed and so have pets. On April 18, Pet Owner's Day, don't be surprised if you see pet owners walking these strange animals down the street.

Sugar Glider – This tiny marsupial, or pouched animal, comes from the forests of Australia. Like a flying squirrel, when it jumps from a great height, it spreads its "wings" and glides over one hundred feet.



Anteaters – P it's crazy, but people do keep these exotic animals as pets. One owner explains that these animals need lots of attention or they will cry. Also, they must be walked once a day on a leash so that they don't climb a tree or hide under a car. And of course, be sure to feed them ants, perhaps in a soup with avocados and blue cheese.

Teacup Pig – As the name implies, these miniature pigs fit into a teacup at birth. Owners gush over their intelligence and cuddliness. While most pigs grow up to 300 pounds, when fully grown these weigh in at a mere 60 pounds, which make them perfect for city-dwellers living in small apartments.

They say that owners resemble their pets. Does that mean that strange animals have strange owners? Not necessarily. The actor George Clooney owned a 300-pound potbellied pig named Max for eighteen years, which Clooney says is the longest relationship he's ever had. Even presidents have owned exotic pets. John Quincy Adams owned a crocodile, and Benjamin Harrison owned a pet goat named Old Whiskers. This goat proved to be so ornery that the president once chased him down Pennsylvania Avenue. How's that for taking your pet for a walk?

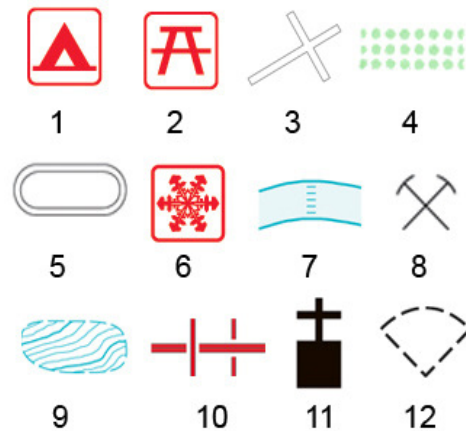
What Causes Dementia?

There are several things that could cause dementia:

- Diseases that cause degeneration or loss of nerve cells in the brain such as Alzheimer's, Parkinson's and Huntington's.
- Diseases that affect blood vessels, such as stroke, which can cause a disorder known as multi-infarct dementia.
- Toxic reactions, like excessive alcohol or drug use.
- Nutritional deficiencies, like vitamin B12 and folate deficiency.
- Infections that affect the brain and spinal cord, such as AIDS dementia complex and Creutzfeldt-Jakob disease.
- Certain types of hydrocephalus, an accumulation of fluid in the brain that can result from developmental abnormalities, infections, injury, or brain tumors.
- Head injury -- either a single severe head injury or longer term smaller injuries, like in boxers.
- Illnesses other than in the brain, such as kidney, liver, and lung diseases, can all lead to dementia.

Ask for Directions? No Way!

April 4 is Read a Road Map Day, a day when many women may ask that age-old question, "Why don't men stop and ask for directions?" Men may then ask women, "Why ask for directions when I have a map?" Prove your map-reading mettle by identifying the twelve common symbols found on a map below.



ANSWERS: 1. Campground; 2. Picnic Area; 3. Airport; 4. Orchard; 5. Racetrack; 6. Winter Recreation Area; 7. Waterfall; 8. Mine Shaft; 9. Glacier; 10. Overpass or Underpass; 11. Church; 12. Athletic Field

Thank you staff for always going above & beyond and building a great, strong, loving team.

Hawthorne Team

Am: Vanessa , Heather, Jessica:

Pm. Jesus , Heather C, Maria

Nights: Kelly, Karla, Kirshanna

On call: Mackenzie & Tasha

Welcome Jesus!

Harmony Team

Am: Maria S., Ana, Maria R.

Pm: Alexa, Sonya, JoAnna

Nights: Felicia, Keisha, Sara

On call: Mayra, Janet, Zach & Kim

Welcome Zach!

Happy Birthday

Happy Birthday Dale - April 10th!

We all hope your birthday is as SPECIAL as you!

Happy Anniversary

Congratulations to the following employees:

Maria Sanchez - 6 years

Ana Toledo - 3 years

Heather Combs - 3 years

For your dedication, love & care!

We are all very thankful for each

one of you! We hope to be

blessed for many more years of

your wonderful care.

April's Charms

*When April scatters charms of primrose gold
Among the copper leaves in thickets old,
And singing skylarks from the meadows rise,
To twinkle like black stars in sunny skies;*

*When I can hear the small woodpecker ring
Time on a tree for all the birds that sing;
And hear the pleasant cuckoo, loud and long –
The simple bird that thinks two notes a song;*

*When I can hear the woodland brook, that
could
Not drown a babe, with all his threatening
mood;
Upon these banks the violets make their home,
And let a few small strawberry blossoms come:*

*When I go forth on such a pleasant day,
One breath outdoors takes all my cares away;
It goes like heavy smoke, when flames take
hold
Of wood that's green and fill a grate with gold.*

~ W.H. Davies (Welch poet; 1871-1940)

Best Friends Approach to Alzheimer's Care Family Caregiver Workshop

When: Wednesday's- April 7, 14 & 21, 2010

Time: 2pm-4pm

Where: Center 50 + City of Salem Senior Center

2615 Portland Rd. NE

Salem, Ore. 97301

503-588-6303

The workshops will be presented by Michele Nixon, a Master Trainer for The Best Friends Approach. Please RSVP at the center.

More information at Harmony House.

**Pacific Living Centers has five loving homes for the
memory impaired!**

Delivering Quality of Care, Enhancing Quality of Life.

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Harmony House of Salem

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Salem, Ore. 97301

Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.

Woodburn, Ore. 97071

Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court

Grants Pass, OR 97527

Administrator: Nancy Decker

Autumn House of Grants Pass

2268 Williams Hwy.

Grants Pass, Or. 97527

Administrator: Becky Scriber

April Birthdays

If you were born from March 21-April 19, you are an Aries, the Ram. If you were born from April 20-May 20, you are a Taurus, the Bull. Aries live life head first, butting ahead. They are confident, impulsive, and use courage to overcome fear. A Taurus is patient, reliable, industrious, and persistent. They respect property, avoid falling into debt, and enjoy art.

Jane Goodall (scientist)	Apr. 3, 1934
Marlon Brando (actor)	Apr. 3, 1924
Muddy Waters (musician)	Apr. 4, 1915
Colin Powell (general)	Apr. 5, 1937
Dale Atkin	Apr. 10, 1936
Leonardo da Vinci (genius)	Apr. 15, 1452
Benedict XVI (Pope)	Apr. 16, 1927
Elizabeth II (Queen)	Apr. 21, 1926
Vladimir Lenin (communist)	Apr. 22, 1870
Shirley Temple (child star)	Apr. 23, 1928
Coretta Scott King (activist)	Apr. 27, 1927
Dale Earnhardt (driver)	Apr. 29, 1951



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Postage
Information