
Pacific Living Center

Hawthorne House of Salem 3042 Hyacinth St. Salem, Ore. 97303

Harmony House of Salem 3062 Hyacinth St. Salem, Ore. 97303



Celebrating October

Clock Month

Stamp Collecting Month

Guardian Angels Day

October 2

Walk to Remember

October 3 11am

Columbus Day

October 12

Free Thought Day

October 12

Canada: Thanksgiving

October 12

Be Bald and Be Free Day

October 14

Healthy Brain Conference

October 24 9am-1pm

International Magic Week

October 25-31

Trick or Treat

October 31 6pm

Fall is here and our children are all back in school. We are all working hard to get back into a schedule with getting kids off in the mornings. Have you stopped by and seen the children out back at the school? What a blessing, your loved ones are enjoying the screams, and laughter of the children

Walk to Remember is finally here October, 3rd. We did a lot of hard work trying to earn money for a great cause. Now it's time to donate the money to the Alzheimer's network. If you have not signed up in the office to walk with our team, it's not too late.

You are all invited to a Healthy Brain Conference. See enclosed for more details. Halloween October 31st, 6pm, both homes will be ready to have trick or treaters at 6pm, so let your families know, so they can bring any little ones to a safe place to get some yummy and safe candy.

Thank you,

Sincerely, Michele & Crystale

***Thank you staff for always
going way and
beyond and building a
Great strong loving team.***

Hawthorne Team

*Am: Kirshana, Heather, Jessica:
Pm. Steven , Heather C, Sandra
Nights: Kelly, Ashley, Vanessa
On call: Maria A. & Shelley & Travis*

Harmony Team

*Am: Maria S., Ana, Maria R.
Pm: Kim, Sonya, JoAna
Nights: Elsa, Kelley., Keisha
On call: Mayra, Shelley & Sara*

Happy Birthday

To four WONDERFUL People.
Sara, Thelma, Crystale, and Maria A.
We all hope your birthday is as SPECIAL as you are!
Enjoy your day!

**Thank you families and staff for the surprise
Wonderful Birthday party!**

Family Support Meeting Success!

Thank you for supporting our family meeting.
Larry, David, Debby, Joe, Linda, Sue, JoAnne,
Karen, and Joyce.

We really appreciate all of you being a part of our
Family and supporting us every day.

Candy needed

Please can you drop off some bags of candy
For Halloween.

We are sure we are going to have a lot of
Trick or treaters for your loved ones
To hand out candy from their home.

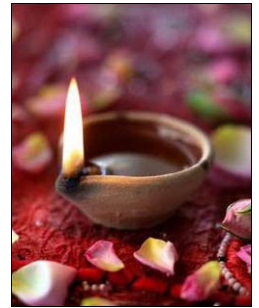
Pumpkin Decorating contest

Stop by and bring a decorated
Pumpkin the last week in October and
Let's vote on the best, creative pumpkin.
Vote on Friday Oct. 30th!
Stop by office and guess how many candy
Corns are in the jar, who will be the winner?

Let Your Inner Light Shine

On October 17, India will celebrate its most beautiful and colorful holiday, Diwali. This five-day holiday is a celebration of light, and rows of "deeps," or oil lamps, are burned all day and all night. While the holiday is celebrated by lighting lamps, it is the inner light that is most important.

In Hinduism, it is believed that there is a pure and eternal inner light in all of us, called the "Atman." Just as people celebrate the birth of the body with a birthday, Diwali is a time to celebrate and honor the birth of your inner light. This inner light outshines selfishness, ignorance, and other obstacles to happiness. When the Atman is fully realized, a person is filled with compassion, love, and inner peace. Let all of our lights shine.



Blessings

Agnes Ellis born on April 29, 1913 and went to heaven on September. 17, 2009. We want to thank Agnes's family for sharing their wonderful mom with us, the last three years, she was such a blessing. Our prayers and love go out to all of the family.
God Bless!

**Kudos Programs is a wonderful
incentive to keep the team
motivated to go above and beyond
Their normal job duties.
Families take the time to fill out kudos
if they are deserved.**

Hawthorne House

*Most kudos for September is
Sandra Morales*

Harmony House

*Most kudos for September is
Kim Gregson*

Welcome new caregiver

Karla please!

October Tricks and Treats



October is a time for tricks and treats, and what better treat is there than candy corn, that seasonal triangular treat that finally makes its appearance for Halloween? These little candy spikes of yellow, orange, and white are designed to look like real kernels of corn, but they taste oh-so-sweet thanks to a generous recipe of sugar, corn syrup, honey, and sometimes, even marshmallow.

Candy corn was created in the 1880s, and it's so popular that the candy has been unchanged for over 100 years. The candy's design, with its three colors, was very unique when it was first introduced. It became so popular that some companies even tried to create other vegetable candies, like candy turnips, but they didn't last. This colorful confection is the perfect treat to enjoy with a trick. Challenge yourself with these Halloween riddles below, and reward yourself with some candy corn for each trick you answer correctly!

1. What do you call a haunted chicken?
2. What do you call a witch who lives at the beach?
3. Who was the most famous skeleton detective?
4. How does a girl vampire flirt?
5. What do you call a witch's garage?
6. How do you fix a jack-o-lantern?
7. What is Dracula's favorite dog?
8. What is it like to be kissed by a vampire?
9. Where does a ghost go on vacation?
10. How do you make a witch itch?



Answers: 1. a poultry-geist; 2. a sand-witch; 3. Sherlock Bones; 4. she bats her eyes; 5. a broom closet; 6. with a pumpkin patch; 7. a blood hound; 8. it's a pain in the neck; 9. Mali-boo; 10. take away her "W"



Healthy Brain Conference

Center 50+

City of Salem Senior Center

Location: 2615 Portland Road. NE

Saturday, October 24, 2009

9am-1pm

Refreshments Provided

Conference is free to attend

Call 503-588-6303 to RSVP

(space is limited)

Use it or lose it: How we can maintain or even improve our memory abilities.

Presented by

Dr. Robert Winningham, Ph. D.

Drug- Induced Memory Loss

Presented by Dr, Jane Ishmael, Ph. D

Health, Nutrition, and brain food for thought

Presented by Jeanine Stice, MPH RD

Hearts- Healthy Brains

What is the connection?

Presented by Mary K. Miller, MS,
RN, APRN, BC

Sponsored by:

Ed Clark insurance, Salem Clinic,
Mid IPA Valley, and Pacific Living
Centers.

Pacific Living Centers has five loving homes for the memory impaired.

Delivering Quality of Care Enhancing Quality of Life.

Hawthorne House of Salem

3042 Hyacinth St.

Salem, Ore. 97301

Asst. Administrator: Crystale Fleming

Administrator: Michele Nixon

Harmony House of Salem

3062 Hyacinth St.

Salem, Ore. 97301

Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.

Woodburn, Ore. 97071

Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court

Grants Pass, OR 97527

Assistant Administrator: Nancy Decker

Administrator: Becky Scriber

Autumn House of Grants Pass

2268 Williams Hwy.

Grants Pass, Or. 97527

Administrator: Becky Scriber

October Birthdays

If you were born from September 23 – October 22, you are a Libra, the Scales. If you were born from October 23 – November 21, you are a Scorpio, the Scorpion. Libras are elegant, kind, gentle, and, like the balancing scales that represent them, they love harmony and balance. Scorpions are determined, forceful, and emotional. Their intensity makes them successful workers and faithful friends.

Julie Andrews (actress)	Oct. 1, 1935
Groucho Marx (comedian)	Oct. 2, 1890
Sara	Oct. 10, ??
Crystale Fleming	Oct. 13, ???
Thelma Hamilton	Oct. 13., ???
Maria A.	Oct. 13, ???
Lee Iacocca (CEO)	Oct. 15, 1924
Annette Funicello (“Mouseketeer”)	Oct. 22, 1942
Johnny Carson (TV host)	Oct. 23, 1925
Mahalia Jackson (gospel singer)	Oct. 26, 1911
Pat Sajak (gameshow host)	Oct. 26, 1946

Pacific Living Center
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Postage
Information

Your Mailing Address
Street Number and Name
City, State Zip Code