

March 2010

Pacific Living Centers

Harmony House of Salem 3062 Hyacinth St. Salem, Ore. 97301

Hawthorne House of Salem 3042 Hyacinth St. Salem, Ore. 97301

Administrator: Michele Nixon

Registered Nurse: Debbi Schuetze

Celebrating March

**Craft Month & Creative
Artists Month**

Listening Awareness Month

Johnny Appleseed Day
March 11

St. Patrick's Day
March 17

Quilting Day
March 20

Spring Equinox
March 20

Sing Out Day
March 22

Greek Independence Day
March 25

First Day of Passover
March 30

Doctor's Day
March 30

Spring is here! Sunshine has been outside, and so have all of us. The sunshine definitely brings out the best in everyone.

Thank you all for joining us at the Valentine party Wow, great music, and good fun with pictures to prove it.

I will be on vacation the last week in March. I will be going with my family to Disneyland so I will tell Mickey hi from all of you.

Debbi, the RN, will be checking in at both homes and she will be available as needed.

Feel free to stop by Hawthorne House this month and meet Holli, a new addition to our team!

St. Patrick's Day is March.17th. Don't forget to wear green.

**Thank you all for your
support and love.**

Sincerely,
Michele Nixon

It's a Brainy Month



March 15-21 is Brain Awareness Week, a time to marvel at what many scientists consider the most important, yet least known, part of the human body. Like any other organ, the brain needs exercise to thrive. "Use it or lose it" is the brain's motto, and the brain grows and rewires itself throughout an entire lifetime through continual perception, action, and stimulation.

Many famous "brains" were born in March. Challenge your brain by identifying the famous thinker described below. Your brain will thank you for it.

1. I was a famous French philosopher who said, "I think, therefore I am."
2. I was an American inventor who patented the first practical telephone, although I refused to have one in my study. I was also a founding member of the National Geographic Society.
3. I was the first woman to serve on the United States Supreme Court and received the Presidential Medal of Freedom.
4. I was an Italian Renaissance painter, sculptor, poet, architect, and engineer. My most famous works are the ceiling of the Sistine Chapel and the statue of David.
5. I was a German physicist who came up with the equation $E=mc^2$ and was also an ardent supporter of world peace.
6. I was a powerful political advocate for women's rights and founded *Ms.* magazine for women.
7. I was a Dutch painter and although I suffered from mental illness, even cutting off my own ear, my paintings rank among the world's most famous, including *Starry Night*.

ANSWERS: 1. Rene Descartes, Mar. 31, 1596; 2. Alexander Graham Bell, Mar. 3, 1847; 3. Sandra Day O'Connor, Mar. 26, 1930; 4. Michelangelo, Mar. 6, 1475; 5. Albert Einstein, Mar. 14, 1879; 6. Gloria Steinem, Mar. 25, 1934; 7. Vincent van Gogh, Mar. 30, 1853

Thank you staff for always going above and beyond and building a Great strong, loving team.

Hawthorne Team

Am: Vanessa , Heather, Jessica:

Pm. Steven , Heather C, Maria

Nights: Kelly, Karla, Tasha

On call: Mackenzie & Travis

Harmony Team

Am: Maria S., Ana, Maria R.

Pm: Alexa, Sonya, JoAnna

Nights: Fleisha, Keisha, Sara

On call: Mayra, Janet & Kim

Happy Birthday

Heather E. 16th. (Hawthorne)

Les 17th. (Harmony)

Alexa 23rd. (Harmony)

Sonya 26th. (Harmony)

Marion 28th. (Harmony)

We all wish you a very
Happy Birthday!

St. Ur-Who?

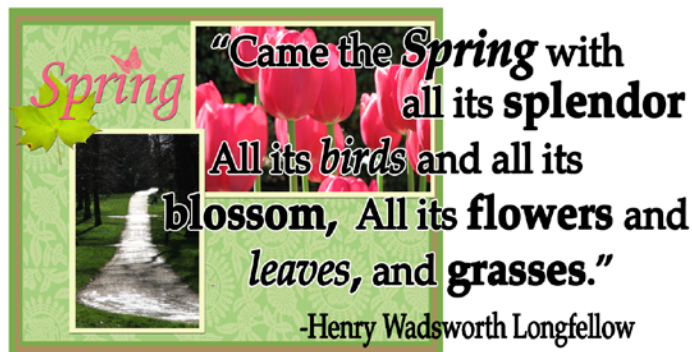


On March 17, the Irish wear green in honor of St. Patrick who, legend has it, drove the snakes out of Ireland. A day earlier, on March 16, people of Finnish descent will be wearing royal purple and Nile green in honor of St. Urho, the little known Finnish saint who drove the grasshoppers out of Finland.

Legend states that St. Urho yelled, "Heinäsiirkka, heinäsiirkka, mene täältä hiiteen," which means, "Grasshopper, grasshopper, go from hence to hell." In doing so, St. Urho saved the Finnish grape crops and Finland's vineyard farmers.

Doubt has been cast on the veracity of the Finnish saint, however. Richard Mattson, a Finnish-American department store employee from Minnesota, claims to have made up the story to escape the taunting of an Irish-American friend. Furthermore, Finland now swarms with over thirty species of grasshoppers, crickets, locusts, and cicadas, further damaging St. Urho's reputation.

Minnesota's Finns insist the legend is true and have even erected a statue to St. Urho along Highway 71. One would be foolish to deny the existence of this beloved saint in Minnesota on March 16.



Note from Holli!

My name is Holli Crown and I couldn't be more excited to join the Hawthorne House Team! I have worked with seniors in many different capacities over the past 19 years. Working with people with Alzheimer's and their families is my greatest passion. I look forward to meeting all the residents family and friends and all the wonderful staff that I will have the pleasure to work with. I live in South Salem with my family and enjoy cooking, especially trying new recipes, reading, walking with my dog and watching a good scary movie! Thank you Pacific Living Center's for this amazing opportunity.

Happy St. Patrick's Day March 17. Wear green

Happy Anniversary

Maria R. has worked for Pacific Living Center for five years March 16th. **Keisha** has worked for Pacific Living Center for two years March 18th. **Vanessa** has worked for Pacific Living Center for one year March 5th. These caregivers are very dedicated to their job and love care giving. Thank you for all your hard work. We appreciate all of you very much.

**Pacific Living Centers has five loving homes for the
memory impaired!**

Delivering Quality of Care, Enhancing Quality of Life.

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Salem, Ore. 97301

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Harmony House of Salem

3062 Hyacinth St.

Salem, Ore. 97301

Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.

Woodburn, Ore. 97071

Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court

Grants Pass, OR 97527

Administrator: Nancy Decker

Autumn House of Grants Pass

2268 Williams Hwy.

Grants Pass, Or. 97527

Administrator: Becky Scriber

March Birthdays

If you were born from February 19-March 20, you are a Pisces, the Fish. If you were born from March 21-April 19, you are an Aries, the Ram. Pisces are extremely creative and have "old souls," continually thirsting for spiritual knowledge. Aries live life head first, butting ahead. They are confident, impulsive, and use courage to overcome fear.

Harry Belafonte (singer)	Mar. 1, 1927
Jean Harlow (actress)	Mar. 3, 1911
Lou Costello (comedian)	Mar. 6, 1906
Amerigo Vespucci (explorer)	Mar. 9, 1454
Liza Minnelli (entertainer)	Mar. 12, 1946
Heather E.	Mar. 16 th
Les	Mar. 17 th
Mr. Rogers (neighbor)	Mar. 20, 1928
Alexa	Mar. 23 rd
Sonya	Mar. 26 th
Marion	Mar. 28 th



Pacific Living Center
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