

Pacific Living Centers

“Harmony House Happenings”



Harmony House 3062 Hyacinth St. NE Salem, Ore. 97301

503-588-0722

Administrator: Michele Nixon

Registered Nurse: Debbi Schuetze

Celebrating June

Iced Tea Month

**Dairy & Dairy Alternative
Month**

Hurricane Season Begins
June 1

Donut Day
June 4

Bring in things for sale!

Fishing & Boating Week
June 5-13

Clay Week
June 13-19

Power of a Smile Day
June 15

World Juggling Day
June 19

Father's Day
June 20

First Day of Summer
June 21



Summer is here!

Wow! May was a busy month with our two FABULOUS parties. No one can say that this Harmony family don't know how to party, cause we do! Thank you all for coming and celebrating with us. Great fun & Memories that will last forever. See the photos and the DVD when you visit Harmony.

Please take the time to enjoy the outdoors with your loved one when you visit. The back covered patio is so inviting with the patio set, sunshine, a nice walkway, beautiful flowers, and hopefully some tomatoes soon. The outdoors are so wonderful for everyone to enjoy.

Thank you to everyone who attended the family support meeting this month. I appreciated all of your support.

Celebrate Fathers Day this month. Please see details on page 3 and mark your calenders for the BBQ!

Thank you all & Our wonderful staff!
Sincerely, Michele Nixon

Best Friends Approach

The only way our loving team knows how to work here at Harmony House is the Best Friends way!

Am Team 6am-2pm

Maria R., Maria. S. and Ana

PM Team 2pm-10pm

Sonya, JoAnna, and Alexa

Night shift 10pm- 6am

Keisha, Felicia, and Sara

On call reliefs

Kim, Mayra, & Zach



Most Kudos for May 2010

Was **Ana Toledo.**

Congratulations. You went way and beyond more than once and we noticed. Thank you!

Families are you filling out Kudos when they are deserved? We really want this program to be used because they are hard working staff and every little incentive helps to keep our wonderful, motivated employees happy!



June Birthdays

Happy Birthday to – Zack,
June 1st. We all wish you a very
Happy Birthday!

Thank You!

Cinco de Mayo food was
Delicious. Thank you girls!

The Mothers Day music by
Royce was a blessing and all
the yummy homemade dishes
were great, thank you
everyone!

Welcome

Ken Moisan to Harmony House of Salem! Ken has a beautiful wife Mary. She comes every afternoon to visit with Ken and all of Harmony Houses' loved ones. Mary is working on Ken's life storybook. Please take the time to say hi to Ken and ask him about his life on the dairy.

Welcome Ken & Mary! You both are such a Delightful addition to our family.

Walk to Remember

Alzheimer's Networks mission is to support the educational, social, emotional, and spiritual needs of individuals with Alzheimer's disease, their families and caregivers as well as raise public awareness of the disease. So every year we sponsor the walk that is September 11th at the Waterfront Park in Salem. More information to come.

Harmony house is having a SALE to raise funds to help with the network organization. The sale is going to be in July, but I need your HELP please. We need donations to sell. So if you have anything to contribute: clothes, dishes, and miscellaneous stuff, please can you drop them off in Harmony's garage this month. Remember your junk is someone else's treasures!

Thank you so much for being a part of our team!

If It's Not Alzheimer's, What Is It?

Differentiating between age-associated memory impairment and dementia due to a medical condition involves a process of systematic elimination. Doctors often start by looking for conditions that are correctable. If these possibilities can be eliminated, then more serious, irreversible dementias – such as Alzheimer's disease -- are considered. In addition, the presence of reversible disorders can complicate the irreversible forms of dementia. In these cases, diagnosing and treating concurrent depression, for example, makes it possible to gain a clearer view of any conditions that may persist.

After eliminating treatable causes of memory loss, physicians will consider irreversible dementias as a possible diagnosis. These include well-known conditions, such as AD, stroke, and other vascular abnormalities, dementia with Lewy bodies, and Parkinson disease, as well as less common disorders, such as frontotemporal dementia (for example, Pick disease) and Huntington's disease. Other causes include infectious diseases such as Creutzfeldt-Jakob disease and AIDS.

Dementia with Lewy Bodies

Dementia with Lewy bodies, which sometimes occurs simultaneously with AD or Parkinson disease, may account for 10 percent of cases of dementia. An individual with this form of dementia experiences episodes of confusion, falls, and repetitive hallucinations (such as always seeing the same person sitting on a particular chair), and also has signs of parkinsonism (such as shuffling gait, rigid, stooped posture, poor balance, and slowness) early in the disease. **Vascular Dementia**

After AD, the most common cause of memory loss is vascular dementia -- a disorder often resulting from a series of tiny strokes (known as infarcts) that destroy brain cells. Each infarct may be so small that it is inconsequential alone; however, the cumulative effect of many infarcts can destroy enough brain tissue to impair a person's memory, language, and other intellectual abilities.

Symptoms can also involve other brain functions: loss of bladder or bowel control (incontinence); a mask-like facial expression; and weakness or paralysis on one side of the body are thought to be noncognitive hallmarks of vascular dementia. Patients who survive a cardiac arrest can also suffer from memory deficits. Rare causes of vascular dementia include lupus erythematosus and other collagen-vascular diseases (these may be at least partially reversible), as well as a major stroke. Vascular causes account for 10 percent to 20 percent of dementia cases.

Happy Fathers Day

All of you are invited to join us on Friday June 18th at noon for our BBQ with all are dads, grandpas, and uncles.

We will BBQ ribs & hotdogs, and will have baked beans, corn on the cob, coleslaw, and a delicious dessert. Please RSVP!

Wear your favorite T-Shirt & Baseball hat!

*We love you Doc,
Jim, Dale, Harry,
Les, and Ken!*

*Happy Fathers Day
to all of you!*

Quote for June

*Come stand by my side
where I am going,
Take my hand if I stumble
and fall,
It's the strength that you
share when you're growing,
That gives me what I need
most of all.*

Pacific Living Centers has five loving homes for the memory impaired!

Delivering Quality of Care, Enhancing Quality of Life

Hawthorne House of Salem

3042 Hyacinth St.
Salem, OR 97301
Administrator: Holli Crown

Harmony House of Salem

3062 Hyacinth St.
Salem, OR 97301
Administrator: Michele Nixon

Heritage House of Woodburn

943 N. Cascade Dr.
Woodburn, OR 97071

Administrator: Shannon Souza

Arbor House of Grants Pass

820 Gold Court
Grants Pass, OR 97527

Administrator: Nancy Decker

Autumn House of Grants Pass

2268 Williams Hwy.
Grants Pass, OR 97527
Administrator: Becky Scriber

June Birthdays

If you were born from May 21-June 21 you are a Gemini, the twins. If you were born from June 22-July 22, you are a Cancer, the crab. Gemini's are complex and dual-natured. Like children, they are lively, happy, and love to explore new things. A Cancer can be highly emotional, caring, generous, and intuitive. Cancers are great supports for family and friends, being both soothing and nurturing.

Zack Ryan (Employee)	June 1, ????
Rafael Nadal (tennis champion)	June 3, 1986
Gwendolyn Brooks (poet)	June 7, 1917
Tara Lipinski (figure skater)	June 10, 1982
Jim Nabors (actor)	June 12, 1930
Donald Trump (business mogul)	June 14, 1946
Prince William (British royalty)	June 21, 1982
Alan Turing (mathematician)	June 23, 1912
Sonia Sotomayor (Justice)	June 25, 1954
Peter Lorre (actor)	June 26, 1904



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Postage
Information